

Savoureux Snack Mix

Nutrition Facts

About 2.5 servings per container

Serving size

1/2 cup (42g)

Calories	Per Serving	Per Container
	240	630
	% Daily Value*	% Daily Value*
Total Fat	21g 27%	55g 71%
Saturated Fat	6g 30%	16g 80%
<i>Trans</i> Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	180mg 8%	470mg 20%
Total Carb.	8g 3%	22g 8%
Dietary Fiber	3g 11%	9g 32%
Total Sugars	2g	4g
Incl. Added Sugars	0g 0%	0g 0%
Protein	7g	19g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	52mg 4%	104mg 8%
Iron	2.7mg 15%	6.3mg 35%
Potassium	94mg 2%	282mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALMONDS, CASHEWS, PUMPKIN SEEDS, ORGANIC UNSWEETENED COCONUT FLAKES, PECANS, FILTERED WATER, GLUTEN FREE TAMARI, ORGANIC COCONUT OIL, SMOKED PAPRIKA, GARLIC POWDER, ONION POWDER, GROUND WHITE PEPPER, ORGANIC GINGER ROOT POWDER, PURE SEA SALT, CAYENNE PEPPER

CONTAINS: ALMOND, CASHEW, PECAN, COCONUT

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